

SPINE & PAIN CENTERS

INSTRUCTIONS FOR IN-OFFICE PROCEDURES

1. Do not take any aspirin or medications containing aspirin, Vitamin E, Motrin, Advil, Aleve, Indocin, Naprosyn, Naproxen, Lodine, Voltran, Arthotec, Ibuprofen or similar pain medications for 5 days prior to your procedure. Acetaminophen (Tylenol) is acceptable. Baby aspirin (81 mg) is acceptable. Pain medications such as Percocet, Vicodin, Lyrica are also acceptable.
2. If you have any bleeding problems or are on blood thinners, please inform the doctor. You will not be able to have the procedure until you have first checked with your cardiologist and you are able to discontinue Coumadin for 5 days and a PTT, PT/INR test has been preformed with the results faxed to our office. Plavix, Aggrenox, Fragin, Pletal, Ticlid need to be discontinued for 7 days prior to procedure and you *will not* need bloodwork done prior for these medications.
3. If you are pregnant or think you may be pregnant, please let us know. The doctor will write an order for a blood test.
4. If you are diabetic, please inform the doctor so arrangements can be made regarding your diabetic medication.
5. If you become ill and are on antibiotics for any reason, please call our office to reschedule your procedure.
6. If you are taking an oral sedative prior to your procedure, please make arrangements to have someone drive you home.

***Please call the nurse's line with any questions.
732-345-1180***

DATE _____

TIME _____

I have read and understand the above instructions _____