



PRE-PROCEDURE INSTRUCTIONS FOR OFFICE PROCEDURES

Facet Blocks, Medial Branch Blocks, Radiofrequency and SI joint, joint injections:

- You **DO NOT** need to stop NSAID's (Advil, Motrin, Aleve, ibuprofen for example), PLAVIX, COUMADIN or other blood thinners

Epidural Injections:

- NSAIDs - **STOP** 3 days prior to procedure
- **Prescribed blood thinners**
 - Pradaxa 4 days
 - Plavix 7 days
 - Coumadin 5 days
 - Eliquis 2 days
 - Xarelto 2 days cervical and 1 day lumbar

Patients on any prescribed blood thinner must contact prescribing physician for clearance and recommendations on when to stop and restart the blood thinner.

- Coumadin is the ONLY medication that needs PT/PTT done the morning of the injection.

GUIDELINES for Aspirin Use

- 81 mg Aspirin: Patients **MAY** continue for ALL cervical and lumbar spine procedures.
- 325 mg Aspirin: Should be changed to 81 mg aspirin 7 days prior to your procedure.

GENERAL

- **Continue all other medications as directed not listed above.**
- If you are pregnant or think you may be pregnant, please let us know. The doctor will write an order for a blood test.
- If you are diabetic, please inform the doctor so arrangements can be made regarding your diabetic medication.
- If you are taking an oral sedative prior to your procedure, please make arrangements to have someone drive you home.